

Including the
parallel IBD Meeting

The 21st Annual International Congress

Frontiers in Colorectal and Intestinal Disease

Spotlight on Colorectal Cancer



STMARK'S

National Bowel Hospital

8-10 November 2023

Please join us in person at this live event, or as part of our large international audience online!
This year we will be at the magnificent Glaziers Hall, 9 Montague Close, London Bridge, London SE1 9DD



Sir Alan Parks
Visiting Professor

Eloy Espín Basany

ESCP President
Professor of Surgery
Barcelona, Spain

Basil Morson
State of the Art Lecture

Andrea Cercek

Memorial Sloan Kettering
Cancer Center, New York

John Francis Avery Jones
Visiting Professor

James East

John Radcliffe Hospital
Oxford, UK

John Lennard Jones
State of the Art Lecture

Rodrigo Perez

Hospital Alemão Oswaldo
Cruz, São Paulo, Brazil



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Dean's Welcome

Welcome to our 21st Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London to our 21st Annual Frontiers in Colorectal and Intestinal Disease. This year the spotlight is on colorectal cancer. We look forward to welcoming a face-to-face audience to the magnificent Glaziers Hall, 9 Montague Place, London Bridge, London, SE1 9DD.

In addition, we are delighted to welcome our online audience from around the world. We will be making full use of high quality audio visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multidisciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts.

We will also present cutting edge research, and are honoured to have **James East (UK)** as our Sir Francis Avery Jones Visiting Professor, **Eloy Espin Basany (Spain)** as our Sir Alan Parks Visiting Professor, **Rodrigo Perez (Brazil)** delivering the Professor John Lennard-Jones State of the Art Lecture and **Andrea Cercek (USA)**, who will be delivering the Basil Morson State of the Art Lecture.

We will combine medical, endoscopic, radiological, oncological, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is loudly heard.

The Congress is organised into a number of plenary sessions:

On Wednesday, we have sessions focusing on emergencies in colorectal cancer management, screening and diagnosis of colorectal neoplasia, endoscopic and surgical approaches to

managing colorectal neoplasia, and the science of prehabilitation.

On Thursday, we will start with hearing the patients' voice expressing their perspective on what is successful cancer treatment. This will be followed by how to best manage right-sided colorectal cancer, sessions on frontiers in colorectal cancer imaging, macro-management of colorectal cancer (is centralisation the solution?), cancer genetics and the role of immunotherapy.

Also on Thursday, we have a parallel meeting for inflammatory bowel disease, with sessions on ulcerative colitis, Crohn's disease, and an afternoon dedicated to developing and delivering consistent models of care for monitoring patients, diet and IBD, and mental health issues in IBD patients.

On Friday, we will look at rectal cancer management, rare and complex cancers and the aftermath of colorectal cancer and its treatment.

We conclude our symposium with an interactive informal session with all the leading lights coming together for what should be an enlightening and entertaining discussion in 'Have I got views for you'.

We would like to take this opportunity to express our gratitude to all sponsors for their support and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 21st Meeting of the Frontiers Congress.

Professor Ailsa Hart, Dean



08:00 Registration 09:15 Welcome from the Dean Ailsa Hart

09:30

Emergencies in colorectal cancer management

In this session, we will consider the management of emergency presentations of colorectal cancer patients.

Chairs: Janindra Warusavitarne, Adam Humphries

09:30

Surgical management of obstruction and perforation

Richard Guy

09:45

Endoscopic management of obstruction and bleeding

Adam Humphries

10:00

How your oncologist can help you in the emergency setting

Kai-Keen Shiu

10:15

Emergencies in colorectal cancer need an MDT – cases with the MDT

Presenters: Ash Sinha, Manmeet Matharoo

Panel: Richard Guy, Kai-Keen Shiu, Ganga Sasidharan

11:00 Break

11:30

Colorectal cancer: screening and diagnosis

In this session, we will explore colorectal cancer screening and surveillance pathways and how to optimise colorectal cancer detection and recognition.

Chairs: Adam Haycock, Gideon Lipman

11:30

Navigating the pathway to colorectal cancer detection

Ana Wilson

11:40

Is endoscopy virtually perfect? The role of the radiologist

Anu Obaro

11:50

Is endoscopy technically perfect? Avoiding post colonoscopy colorectal cancer

Siwan Thomas-Gibson

12:00

Don't forget the anus – assessing anal intraepithelial neoplasia

Tamzin Cuming

12:10

Panel discussion with cases and videos to include assessing difficult lesions, and an approach to complex high risk surveillance

Presenters: Noriko Suzuki, Sarah Marshall

Panel: Ana Wilson, Siwan Thomas-Gibson, Kevin Monahan, Tamzin Cuming

13:00 Lunch



14:00 SIR FRANCIS AVERY JONES

Lecture



Chair: Ailsa Hart

Managing dysplasia in inflammatory bowel disease

James East

14:30

Colorectal cancer: endoscopic and surgical approaches

In this session, we will look at selection of the optimal therapeutic approach for advanced neoplasia or colorectal cancer and how to work with colleagues to deliver effective and safe therapeutics.

Chairs: Brian Saunders, Noriko Suzuki

14:30

State of the art: Managing rectal lesions - my scope is better than yours - transanal surgery versus endoscopy

Danilo Miskovic, Noriko Suzuki

15:00

Case discussions to include assessing the polyp, technical solutions for optimal outcomes and training therapeutic endoscopists

Presenters: Brian Saunders, Noriko Suzuki

Panel: Adam Humphries, Kevin Monahan, Danilo Miskovic, Maggie Vance

15:45 Break

16:15

It's all in the preparation - the science of prehabilitation

In this session, we will discuss methods to improve outcomes of colorectal cancer treatment through prehabilitation.

Chairs: Nicola Pearson, Akash Mehta

16:15

The nuts and bolts and costs of prehabilitation - changing a waiting list into a preparation list

Michael O'Connor, Richard Holman

16:25

Training for my life - preoperative fitness and strength training

TBC

16:35

Tipping the scales in the perioperative period - how we aim to change body composition

Hannah Voisin

16:45

Panel discussion

Michael O'Connor, Richard Holman, Hannah Voisin, Pav Naidoo, Asma Hassan

17:15

John Nicholls Prize

Chair: Ailsa Hart

Panel: John Nicholls, James East



17:30 Close



09:00 Welcome from the Dean **Ailsa Hart**

09:05

What is successful cancer treatment? The patient's voice

Claire Taylor, Natalie Woodward

09:20

Optimising management of right-sided colon cancer

In this session, we will discuss the challenges and solutions in the management of right-sided colon cancer.

Chairs: Elaine Burns, Kai-Keen Shiu

09:20

Biology is King

Daniel Hochhauser

09:30

Case selection is the Queen

Stefan Benz

09:40

Technical manoeuvres – the Princes

Danilo Miskovic

09:50

Systemic therapies – the Princess?

Jenny Seligmann

10:00

Panel discussion

Sam Evans, Daniel Hochhauser, Jenny Seligmann, Stefan Benz, Danilo Miskovic

11:00 Break

11:30

Frontiers in colorectal cancer imaging

In this session, we will explore state of the art technologies, artificial intelligence and augmented reality for advanced imaging changing clinical practice in colorectal cancer treatment.

Chairs: Omar Faiz, Gina Brown

11:30

3D in radiology – when art, surgery and radiology collide

Jordan Fletcher, Phil Lung

11:40

AI in colonoscopy – the end of the diagnostic physician endoscopist?

James East

11:50

AR in surgery – the beginning of the surgeon avatar?

TBC

12:00

The prognostic value of lymph node mapping in colorectal cancer

Gina Brown

12:10

Panel discussion

Jordan Fletcher, Phil Lung, Kapil Sahnun, Eloy Espín Basany, Dan Stoyanov

12:30 Lunch



13:30 SIR ALAN PARKS

Lecture



Chair: Danilo Miskovic

The macro-management of cancer – is centralisation the only solution?

Eloy Espín Basany

14:00

All cancer is genetic? The Lynch pin of disease

In this session, we will look at increasing the understanding of hereditary cancers and underlying cancer biology, and implications for treatment.

Chairs: Sue Clark, Ash Sinha

14:00

Colorectal cancer – a chimera

Farhat Din

14:15 BASIL MORSON

State of the Art Lecture



Immunotherapy – the Bellerophon

Andrea Cercek

14:45

The national Lynch syndrome project

Kevin Monahan

15:00

Genomics and nursing: the time is now

Laura Monie-Garcia

15:15

Panel discussion

Farhat Din, Laura Monie-Garcia, Adriana Martinez, Kevin Monahan, Andrea Cercek

16:00 Break

16:30

Treating the untreatable

In this session, we explore the management opportunities for colorectal cancer patients in challenging situations.

Chairs: Anthony Antoniou, TBC

16:30

"He won't survive an anaesthetic."

Matt Clayton, Danilo Miskovic

16:40

"She is too frail for chemotherapy."

Kai-Keen Shiu

16:50

"This cancer has spread – liver surgery is impossible."

David Nasralla

17:00

"We can't do anything for you."

TBC

17:10

Panel discussion

Matt Clayton, Danilo Miskovic, Kai-Keen Shiu, David Nasralla, patient

17:30 Close



Parallel IBD Meeting

'Don't stop when you have hit the target of inflammation.'

09:00 Welcome from the Sub-Dean **Phil Tozer**



09:00

Ulcerative colitis

In this session, we will look at hitting the inflammatory target with our best drugs early and hard in ulcerative colitis patients, what to do when hitting inflammation hard is not hard enough and consider checklists and algorithms for patients undergoing surgery to achieve optimal outcomes.

Chairs: Phil Tozer, Ravi Misra

09:00

Hitting the inflammatory target ... early and hard

TBC

09:15

Best choice(s) for gut and joint inflammation

Patrick Kiely

09:30

When hard is not hard enough ... when and how to discuss surgery

Janindra Warusavitarne

09:45

Pouches - the beginning of the end or the end of the beginning

Ailsa Hart

10:00

Panel discussion and cases

10:30 Break

11:00

Crohn's disease

In this session, we will look at the trickier aspects of Crohn's disease management from top to bottom, looking at diagnostic dilemmas, optimising patients for surgery, and managing refractory and perianal Crohn's disease.

Chairs: Janindra Warusavitarne, Ailsa Hart

11:00

Are small bowel strictures always Crohn's - diagnostic dilemmas?

Ravi Misra

11:15

Getting the patient ready for surgery - failing to prepare is preparing to fail

Richard Holman

11:30

Is some disease born to be refractory?

Nick Powell

11:45

Perianal CD - getting to the bottom of it

Phil Tozer

12:00

Panel discussion and cases

12:30

State of the art lecture: Vaccines and IBD

James Alexander

13:00 Lunch



Parallel IBD Meeting

'Don't stop when you have hit the target of inflammation.'



13:45

"The glue that holds the IBD patient together"

In this session, we will look at developing and delivering consistent models of care for monitoring patients, answering patients' questions about diet and IBD, when and how to offer psychological support and can we do better at treating mental health issues in IBD patients.

Chairs: Ailsa Hart, Nik Kamperidis

13:45

Improved and efficient pathways for patients with IBD

Lisa Younge

14:00

What do I do with my diet?

Gabriela Poufou

14:15

How to psychologically BOOST your IBD patient

Chris Norton

14:30

Can we do better at treating mental health issues using drugs?

Calum Moulton

14:45

Panel discussion

15:15 Break

15:45

State of the art lecture: Let's get to grips with USS in IBD

TBC

16:10

MDT case discussion: cases discussed amongst the multidisciplinary team

Panel: Ailsa Hart, Phil Tozer, Janindra Warusavitarne, Lisa Younge, Gabriela Poufou, Phil Lung

17:00 Close



09:00 Welcome from the Dean **Ailsa Hart**

09:05

Frontiers in rectal cancer management

In this session, we will explore the current controversies at the cutting edge of rectal cancer management.

Chairs: **Andrea Cercek, Danilo Miskovic**

09:05 **LENNARD-JONES**
State of the Art Lecture



Watch and wait in rectal cancer.
Wait... did we watch for too long?
Rodrigo Perez

09:30

Rectal cancer - total neoadjuvant therapy
Kitrick Perry

09:40

How low can we go in rectal cancer?
Quentin Denost

09:50

Intraoperative radiotherapy
Malcolm West

10:00

Pelvic sidewall lymphadenectomy
Elaine Burns

10:10

Panel discussion
Quentin Denost, Malcolm West, Rodrigo Perez, Kitrick Perry, patient

10:45 Break

11:15

Rare cancers

In this session, we look at surveillance, diagnosis and management of rare intestinal and colorectal cancers.

Chairs: **Ali Corr, Daniel Krell**

11:15

Neuroendocrine tumours
Martyn Caplin

11:25

Radiological rescue - spotting the rarities
Ali Corr

11:35

The weird omas (melanoma, lymphoma, sarcoma)
Eloy Espín Basany

11:45

GI polyposis syndromes - optimising management
Andrew Latchford

11:55

Panel discussion
Eloy Espín Basany, Andrew Latchford, Martyn Caplin, Adriana Martinez, Vicky Cuthill

12:30 Lunch



13:30

Complex cancer - a patient journey

In this session, we will present case histories to explore what is meant by the term complex cancer and how to optimise management for an individual patient.

Chairs: Ian Jenkins, patient

13:30

What is complex cancer?

Ian Jenkins

13:40

Bespoke optimisation

Alice Finch

13:50

Treatment planning

David Burling

14:00

Diving in - a surgical video presentation of what we did

Elaine Burns

14:10

Panel discussion

Elaine Burns, Alice Finch, Caroline Gee, Lajja Panchal, David Burling

15:00 Break

15:30

The aftermath - impact of colorectal cancer and its treatment

In this session, we look at the impact of colorectal cancer and its treatment on functional and clinical long term outcomes.

Chairs: Phil Tozer, Ana Wilson

15:30

Radiotherapy injury

Ana Wilson

15:40

Gut function after chemotherapy, surgery and defunctioning

Stella Dilke

15:50

Sex in the cancer aftermath

Julia Pugh

16:00

Treatment of LARS - optimising outcomes

Greg Thomas

16:10

Panel discussion

Greg Thomas, Julia Pugh, Tatenda Marunda, Arshi Denton, Ana Wilson

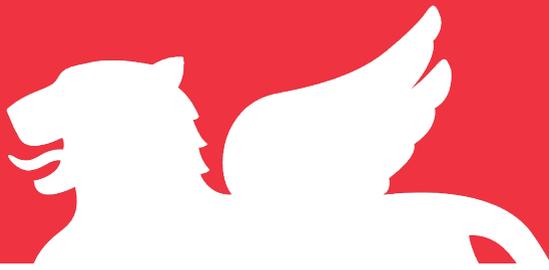
16:30

Have I got views for you

Chairs: Ailsa Hart, Danilo Miskovic

Panel: Eloy Espín Basany, James East, Elaine Burns, Kai-Keen Shiu, Brian Saunders, Maggie Vance

17:30 Close



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